

# MARYDIELLE LYN GODINHO






Registered Nurse







## Career Objective

A staff nurse with dedication and compassion towards the needs of patients with a zeal to put into practice the theoretical knowledge and skill obtained, aspiring to secure a registered nursing position in a dynamic healthcare setting.

## Personal info

-  28th October 2000
-  Female
-  +44 7477 927718
-  marydielleg@gmail.com
-  Indian

## Skills & Competencies

-  **Acute Care:** Sepsis management, postoperative recovery, vital sign monitoring, emergency response.
-  **Technical Skills:** Medication administration (IV/oral), EHR systems (SAP), infection control protocols, Vitals Monitoring, Documentation.
-  **Patient Education:** Chronic disease management, rehabilitation strategies, medication regimens, disease processes.
-  **Teamwork/Leadership:** MDT collaboration, mentorship, quality improvement projects.

## PROFESSIONAL SUMMARY

Dedicated Registered Nurse with 2 years of experience across NHS (UK) and Indian hospital settings, specializing in acute medical-surgical care and high-acuity patient management. Proven expertise in post-operative care, critical care protocols, and multidisciplinary teamwork. Certified by the UK Nursing & Midwifery Council (NMC) with Acute Care Learning (ACL) training. Currently pursuing AHPRA registration for Australian nursing practice.

## WORK EXPERIENCE

### Ashford and St. Peters NHS Foundation Trust, UK Registered Nurse (Recovery Nurse)

AUGUST 2024 – PRESENT

- Working as a registered nurse in a fast-paced NHS hospital environment with a focus on high-risk medical and surgical cases.
- Involved in continuous assessment and management of patients with complex conditions including sepsis, cardiac failure, respiratory distress, and postoperative complications.
- Actively participates in handovers, MDT meetings, and care planning to ensure continuity and quality of care.
- Ensures compliance with UK infection control and patient safety protocols.
- (Cleared NMC OSCE exam and obtained UK nursing registration - noted in Qualifications)
- (Completed Acute Care Learning (ACL) training - noted in Qualifications)

### Sir H.N. Reliance Foundation Hospital, India Registered Nurse (Medical and Surgical Adult Nursing)

APRIL 2023 – JULY 2024

- Worked as an efficient team member of a multidisciplinary team in order to provide effective patient care.
- Managed patients with high acuity scores, pre and post operative patients, patients with tracheostomy, patients with feeding tubes and drains.
- Assisted physicians in bedside procedures such as drain removals and surgical dressings.
- Maintained and managed patient database in SAP software.
- Educated patient and families regarding disease processes, medication regimens, rehabilitative activities and follow up sessions.
- Cases Handled Included:** Stroke, Chronic Kidney Disease, Chronic Liver Disease, Various Cancers, Acute Gastroenteritis, Tonsillitis, Pancreatitis, Diabetes, Hypertension, Hypothyroidism.

## INTERNSHIP EXPERIENCE

### Student Nurse Intern

2022 (ONE YEAR)

Father Muller Medical College Hospital, Kankanady, Mangalore.

2022 (ONE MONTH)

Various Primary Health Centres and Urban Health Centres in and around Mangalore.

## EDUCATION

### Bachelor of Science in Nursing (BSc Nursing)

Father Muller College of Nursing, Mangaluru, India

2018 – 2022

#### Clinical Exposure During Course:

- Post-operative units and operation theatre
- Casualty: Emergency and trauma center
- Intensive care units (ICUs)
- Medical and surgical wards
- Obstetrics and Gynecology wards
- Pediatric wards
- Psychiatric wards

## PROFESSIONAL REGISTRATIONS & QUALIFICATIONS

- **NMC Registration (UK):** Registered Nurse, Obtained via OSCE exam clearance (2024)
- **AHPRA Registration (Australia):** Yet to start
- **Acute Care Learning (ACL) Certification:** Advanced critical care training (2024)

## RESEARCH & CONFERENCES

### Research Study

Awareness Of Risk Factors and Warning Signs of Myocardial Infarction Among Adults Visiting A Selected Hospital, Mangalore.

PRESENTED AT FATHER MULLER MEDICAL COLLEGE SYMPOSIUM 2022

### Conference / Webinar Participation

- A Cardiac Nursing National Conference (Organized by Father Muller College of Nursing) 2022
- A National webinar on COVID-19 impact on Pediatric Population and Nursing Personnel (St. Joseph College of Nursing) 2020

## TRAINING & CERTIFICATES




- 2022 Basic Life Support (BLS) - Certified by AHA
- 2022 Emergency Nursing and Life Support (Jeevaraksha Certified)
- 2022 Crisis Intervention Training
- 2021 Palliative Care Course (Father Muller College of Nursing collaboration)
- 2020 Yoga Course (Father Muller College of Nursing)
- 2019 Value Added Course on Human Values (Father Muller College of Nursing)

## VOLUNTEER WORK







- 2022 Leprosy awareness programme (Father Muller Medical College / Sasakawa Health Foundation collaboration)
- 2022 Swachh Mangalore Campaign (Swachh Bharat Club, Father Muller College of Nursing)

# MARYDIELLE LYN GODINHO




## Languages

-  English (Mother Tongue)
-  Hindi (Fluent)
-  Konkani (Fluent)

## Strengths

-  Good communication and social skills
-  Critical thinking and problem solving
-  Patience and adaptability
-  Teamwork and leadership
-  Ethics and confidentiality
-  Quality patient care and education

## Additional Information

-  Blood Group: O Positive
-  Visa Status: Eligible for Australian skilled migration (Subclass 189/190)
-  References available upon request.

*I hereby declare that the above furnished particulars are true and correct to the best of my knowledge and belief.*

Marydielle Lyn Godinho

Updated: April 2025